

Full Heath Medical powers Hewlett-Packard to “win with wellness”



Hewlett-Packard (HP) is one of the largest technology companies in the world. Through its global Winning with Wellness programme, HP enables employees to get engaged in their well-being and motivated to achieve their wellness goals. This programme is built on three main pillars of physical health, financial wellness, and the importance of mental health and wellbeing.

The Challenge

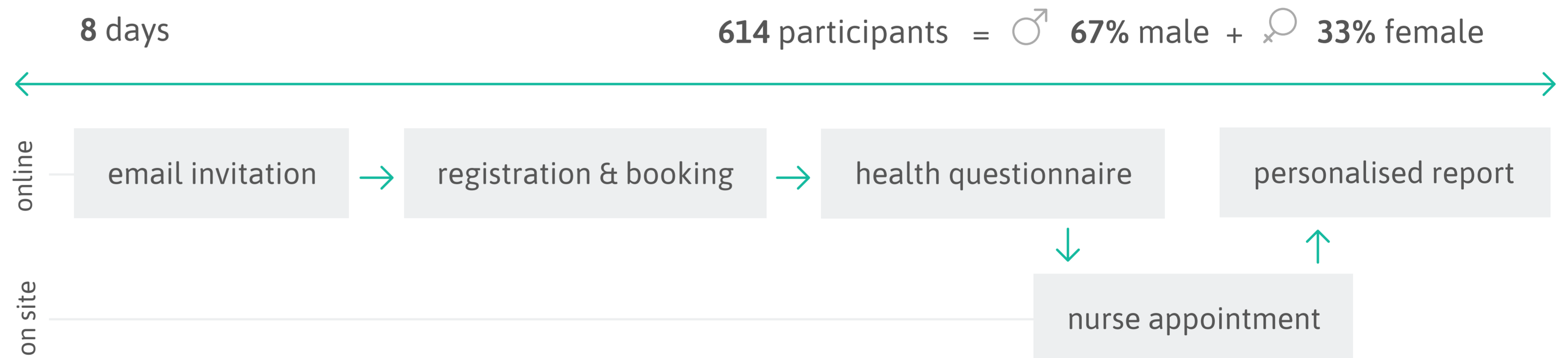
In 2014 HP decided to run a diabetes screening and cardiovascular risk programme for its 2,000 staff across its three sites in Ireland. This was the first time that the company outsourced the management of one of its health screening programmes to an external partner.

The Solution

The Full Health Medical solution was used to run the entire diabetes screening programme from initial communication with staff to booking a screening appointment and finally to the production of health reports and diagnostic results.



How It Worked



“Through the whole process having the appointment and screening and getting the results back at the end, it was something that was managed completely by the FHM solution. It worked really, really well.”












Return on Investment

- ◆ Employees at risk of diabetes and/or with high cardiovascular risk identified, educated and empowered to take necessary steps
- ◆ Minimum downtime for staff
- ◆ HR administration process eliminated
- ◆ Positive employee engagement and feedback
- ◆ Baseline of overall employee health and key recommendation provided for HR to support employee health

"If we helped to reduce the risk of one of our employees becoming a diabetic, that would be a brilliant achievement."

The Parameters

 Lifestyle, diet and exercise	 Blood pressure	 Waist circumference
 Body mass index	 Urinalysis	 HbA1c
 Full lipid profile	 Cholesterol	 Liver function

97% Appointment optimisation

30 Appointments per day per nurse

12 Minutes - on site employee appointment time

The Process Entirely online via the Full Health Medical solution

Group Report Employee population report with key recommendations

Why Full Health Medical?



Ms Lindsay Smith

UK & Ireland Compensation & Benefits Department

Hewlett - Packard

"I think the difference with FHM compared to our other wellness programmes was their technology streamlined the whole experience."

*"We have undertaken a number of awareness and screening programmes in the past. This was the first time that employees received a comprehensive, personal **report**. This medical **report** is specific to them. Nobody else got it. It was completely confidential. They could log in into the system on any device themselves to view it, they could print it off and or send it to their GP."*

"People found the process very quick, efficient and professional."

"It also took that administration process away from us (HR) which was great so that really worked and helped."

